

Tropical Packing List

This is the stuff you'll need to bring, and that you are limited to during the duration of the trip. We recommend putting all your essentials in a carry-on bag to avoid trip delays. Take a minute to look over the optional items and the packing notes.

There are no dumb questions; feel free to call us! 248 224 1044 Email is good too:

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Equipment

- Snorkeling gear: If you have a mask and snorkel, by all means bring it. You can get by without fins, but they are nice to have. Strap fins can be worn over booties to wade out to reef areas to dive.
- Personal toiletries for general travel.

Clothing

- Waterproof raincoat or paddle jacket
- Thin long sleeve layer/rash guard or two
- Hat with wide brim for sun protection
- Buff to protect neck and face
- Comfortable long sleeve shirt and long pants-quick drying- for both sun and bug protection. Wrap around skirts or sarongs work well for around the hammock too.
- 2 or 3 short sleeve shirts or t-shirts: preferable non-cotton quick dry materials--a highly fashionable model can be purchased from our website
- 2 pairs of comfortable quick drying loose shorts
- Bathing suit or quick dry shorts
- Neoprene booties, water shoes, or an old pair of tennis shoes that can get wet. Please don't plan on paddling in sandals -- they can and do get caught in footrests.
- Comfortable shoes or sandals for general walking comfort
- 3 pairs socks (bug and sun protection)
- For those sun sensitive souls--light gloves

Nuts and bolts

- Passport for travel outside the US; Be sure to make a couple copies of the first two pages and stash in your bags
- Some cash for incidentals, restaurant tips, guide gratuities, etc.
- Travel adaptors for Dominica (Plug Types D and G; 230V) Note: you will need a converter if your appliance does not auto-adapt to the different voltage. Most phones, laptops, tablets, etc. do.
- At least SPF 15 waterproof/sweatproof sunscreen
- A book you've been truly wanting to read
- Small AA flashlight or headlamp

- A couple of personal sized dry bags for day paddling
 - Misc. important items: extra glasses or contacts, bandana, a few ziplock bags, a waterproof camera
 - Sunglasses with full UV protection/polarized work best for seeing under water
 - Band-aids, chapstick
 - Travel adaptor for electronic devices
 - Aloe gel
 - Water bottle -one liter: can be purchased at the airport on arrival
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Additional Trip Notes:

Pace: Generally we travel in two-hour blocks with breaks to relax, stretch and graze. We would consider 5 hours or 15 miles of paddling a fairly ambitious day.

Optional Items: Field guides, binoculars, camera, notebook or journal, small musical instruments, spouse, specific needs/snacks

Alcohol: You can get anything you'd like locally. We can make a stop en route to our base to let you pick out a few supplies. Please leave any illegal drugs at home... it puts everyone at risk.