

Uncommon Adventures

Tropical FAQ

Kayaking: We have a great variety of options here from windy Atlantic exposures to surfing river bars to gently gliding over glassy topped coral reefs. Definitely best suited to enthusiasts looking to expand their skills.

Getting There: Flying directly to Dominica happens from Miami on American Airlines; the only other choice is from San Juan, Puerto Rico if you happen to be coming from there. Since it is one flight in per day, that is where and when we will arrange your 60 minute transfer from.

Travel Insurance: Strongly recommended; look into Allianz.

Other Money Matters: Local currency is available at the airport...East Caribbean Dollars, but you can use your card a great many places. One US \$ is just under three \$EC.

Overstays and Trip Extensions: We are most happy to help you plan trip extensions on the mainland or on the island for \$50/hour consult fee.

Scuba: Dominica has good diving for those coming early or staying late, we can recommend good dive companies. Must be certified in advance and have card.

GENERAL TRAVEL TIPS:

- **Culture:** Afro-Caribbean, French, Spanish, English.
- **Topography:** Mountainous (up to about 5000') tropical forest to the edge of the sea.
- **Time Zone:** Atlantic Standard, but they don't use Daylight savings.
- **Climate:** Fall is hurricane season, but during summer (Feb/Mar/April), daytime highs can range to 90, evenings in the low 70's with a seabreeze. 82 degree water.
- **Food:** Island food is a mixture of seafood, chicken, plaintains, peas/beans and rice.
- **Language:** English.
- **Passport, Visa and Immunizations:** You need a current passport and a visa is issued on arrival. A recent tetanus booster and hepatitis A shot is always a good travel precaution. You need to do this a few weeks in advance. Check with a travel medicine clinic or the CDC website ([link opens in new window](#)) for up to the minute info.
- **Drinking Water:** tap water here is drinkable, but bottled water is available
- **Critters:** Biting insects--sand flies or no-see-ums can be nasty when the wind dies, but it is predictably at dawn/dusk and clothing does the best job. We usually choose to sleep in on buggy mornings and do an inside "happy hour" during the short evening bug period.

Have we ever done this before?

- We have been offering paddling programs to tropical destinations for 30 years and are proud to be partnering with Soufriere Outdoor Centre in Dominica for such a high quality program.